

PETER M. HUGHES, M.D.
Adult and Pediatric Urology
526 Glen Street
Glens Falls, New York 12801
Telephone: (518) 792-5340 • Fax: (518) 792-5908

POST-OPERATIVE INSTRUCTIONS FOR CYSTOSCOPY

1. Expect some discomfort when urinating for the first 24-48 hours, as well as increased urinary urgency and frequency. If these symptoms persist please call the office.
2. Expect the urine to be blood-tinged for 24-48 hours following the procedure. If you develop large clots in the urine, if bleeding becomes excessive or if blood-tinged urine continues for greater than 48 hours call the office for further instructions.
3. Drink plenty of fluids for 2-3 days following the procedure. Water is best. Avoid acidic juices.
4. If you have difficulty urinating, try a warm tub bath or shower and try to urinate while in the tub or shower. If this does not help, please call the office for further instructions or evaluation. If you have difficulty urinating, try a warm tub bath or shower and try to urinate while in the tub or shower. If this does not help, please call the office for further instructions or evaluation.
5. If biopsies were performed you will receive the results at your post-operative appointment. If you do not have a post-op appointment scheduled please call the office, unless the doctor or nurse instructs you otherwise.