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POST HYPOSPADIAS REPAIR INSTRUCTIONS

Hypospadias repairs are done when your child has an abnormality of the urethra, often because the urethral opening does not reach the head of the penis. It usually is done as a day surgery, so you will bring your child to the hospital in the morning and take him home with you later in the day. If a more extensive repair is needed your child may need to stay overnight at the hospital.

CARE OF THE INCISION: After the operation the penis will probably look puffy and swollen, as foreskin tends to swell very easily. This will completely resolve in the weeks following surgery. Some children are aware of some stinging the first time they urinate after surgery. After they urinate one or two times this discomfort usually goes away.

Care of the penis after surgery is very simple. Keep the area dry for 48 hours. Use sponge baths only during this time. After 48 hours you can begin daily baths with 5-10 minute soaks in comfortably warm water. Apply Polysporin or Neosporin ointment liberally to the incision area 2-3 times a day, and after bathing. If the clear dressing doesn't fall off on its own, you can peel it off in the bath 2-3 days after surgery.

USE OF PAIN MEDICATION

Your child will probably feel sore for the first day or so after surgery. You may give Motrin or Tylenol according to the package instructions for pain. These medications do not contain narcotics and are tolerated better.

Your child will be seen back in the doctor's office 7-10 days after surgery for a wound check. If a stent (a short catheter) has been left in place, you will be seen back at the doctor's office approx 2 weeks after surgery to have the stent removed. This is a quick procedure, the sutures are removed and the stent slips out easily. If you weren't given one when we scheduled the surgery, please call for this appointment at the number above when you get home.

ACTIVITY RESCRIPTIONS

For two to three weeks after surgery your child should modify his activities to avoid any trauma to his penis. For older children this usually means no rough housing, no bike riding, roller blading, or tree climbing. A good rule of thumb is "Keep your feet on the ground" for two to three weeks.

PROBLEMS TO REPORT TO US:

Fevers over 100.5 Fahrenheit
Moderate or severe swelling involving the penis
If bleeding occurs that is continuous
Drug reactions such as hives, rash, nausea, vomiting

