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PRE-INSTRUCTIONS FOR BRACHYTHERAPY (SEED IMPLANT)

PRIOR TO IMPLANT:

ONE WEEK BEFORE PROCEDURE:

- a. Stop aspirin, products containing aspirin, anti-inflammatory medications, and vitamin E.
- b. If you are taking blood thinners such as Coumadin, Warfarin, or Plavix (just to name a few) that are prescribed by your doctor or cardiologist, please notify our office immediately. We will need to check with the prescribing doctor to make sure that it is safe for you to stop these medications.

NIGHT BEFORE PROCEDURE:

- a. Light diet during the day, no heavy greasy foods.
- b. 6:00pm begin a liquid diet (ie: tomato soup, broths, jello, custards, plain ice cream etc).
- c. Do a Fleets enema.
- d. **Nothing to eat or drink after midnight: *nothing should pass your lips including: gum, candy.***

MORNING OF PROCEDURE:

- a. Repeat fleets enema.
- b. Arrive at the hospital at the time you were given by the hospital.
- c. Follow the instructions the hospital gave you.
- d. ***Remember, nothing to eat or drink in the morning, including gum and mints, you will be canceled if you eat or drink.***
- e. ***No smoking or using tobacco products.***

DURING THE IMPLANT:

- a. You will have either a spinal or general anesthesia.
- b. A catheter will be placed to drain your bladder during the procedure. The catheter will be removed either before you wake up, after the procedure in the recovery room, or you may be sent home with the catheter for a short time if necessary, this will be decided by your urologist.
- c. Most patients will be discharged the day of the implant, after spending time in the recovery room. Some patients may be required to stay overnight depending on their condition, this decision will be made by your urologist.